



# Tingha Public School Tinny's News

'Learning from the past - Valuing the present - Creating the future'

54 Ruby Street Tingha NSW 2369 Ph: 67 233 437

Email: [tingha-p.school@det.nsw.edu.au](mailto:tingha-p.school@det.nsw.edu.au)

We're on the Web!

[www.tingha-p.schools.nsw.edu.au](http://www.tingha-p.schools.nsw.edu.au) & on Facebook - Tinny Times

## Totally Proud & Strong

Week 8 Term 1  
15th March 2021

Every minute of every day counts

## Calendar of Upcoming Events

19/3 - Cross Country Training  
26/3 - Zone Rugby League Trials  
30/3 - Whole school Easter Cooking Day  
1/4 - Last day of Term 1

## Visitors to the school

All visitors to the school must present to the front office and follow the protocols displayed including scanning QR Code. This process will continue until further notice.

## Updating contacts

If your details have changed eg: phone number, address or emergency contacts. Please ring the office to update on 67 233 437. Thank you



PBL Award Recipients



Student of the Week and  
PBL Bear Recipients



Merit Award & Special  
Award Recipients

## Principal's Report

### **Culture of Success**

Tingha Public School is committed to a 'school culture of learning success'. By regularly attending school and displaying the school's values for Positive Behaviours for Learning (Proud, Strong, Safe and Respectful) students will gain educational success and contribute to our positive culture of learning success. We always have a focus on improving the learning outcomes for our students. Over the last two weeks it has been reassuring to visit the classrooms and witness students engaged in their learning and applying themselves to be successful learners. I have enjoyed the numerous visits I have recently received from students eagerly sharing their learning and behaviour success with me.

### **Zones of Regulation and Catastrophe Scale**

As a school we are aiming to increase all student's self-awareness of their emotions so they are better equipped to manage their reactions to situations. Students have been introduced to the Zones of Regulation and the Catastrophe scale. These visuals support students to identify how they are feeling so they can apply strategies to ensure they are ready to learn. For your reference, a copy of the Zones of Regulation and Catastrophe Scale have been provided with this newsletter. Please feel free to use these within your home environment.

### **Harmony Week**

Harmony Week is a national week that celebrates our country's cultural diversity. We usually recognize this during Term 1. Due to the busyness of the school calendar we are planning to join with Gilgai Public School and Gum Flat Public School early next term to recognise this day that celebrates cultures from across the world.

### **NAPLAN Online**

Our school will complete NAPLAN Tests online this year. In anticipation for the tests in May, students in Year 3 and 5 will complete readiness tests starting next week. The aim of these tests is to familiarise students with the requirements. These tests are not meant to cause any stress.

### **Cooler weather**

The mornings are starting to get cooler. It's has been great to see students who are organized with a jumper on the very cold mornings. Please label your child's jumper with their name so if they get misplaced during the day we can return them.

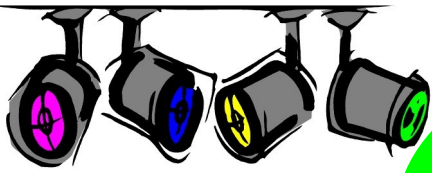
It really is hard to believe that we are heading into Week 8, with only three weeks until the Easter school holidays.

As always though I look forward to another great fortnight at Tingha Public School and witnessing students becoming 'strong' with their learning.

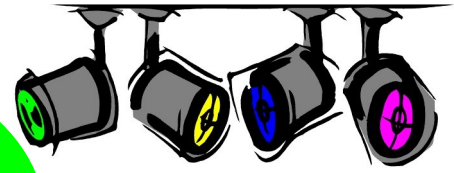
Melinda Partridge  
Principal

Congratulations to our 25er Cooper, who has attended every minute of every day for the first 5 weeks of this term.

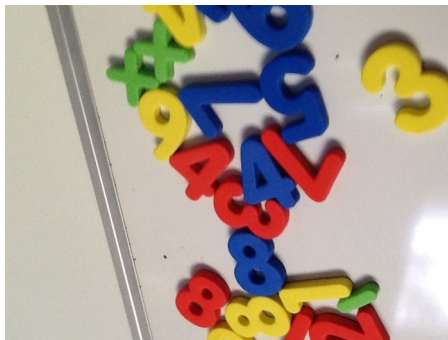




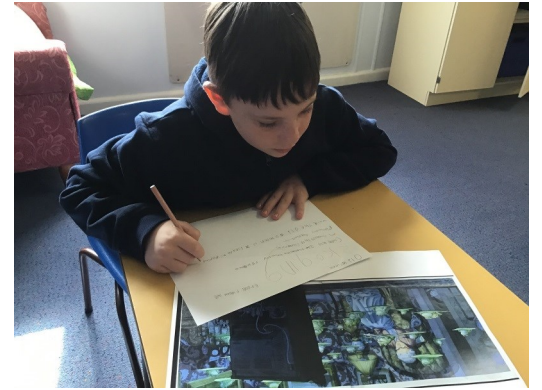
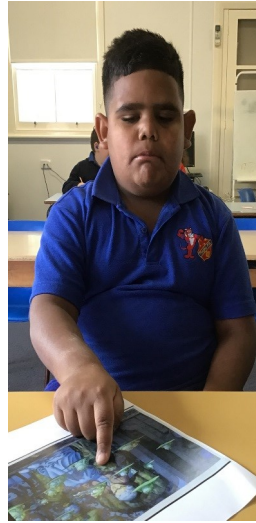
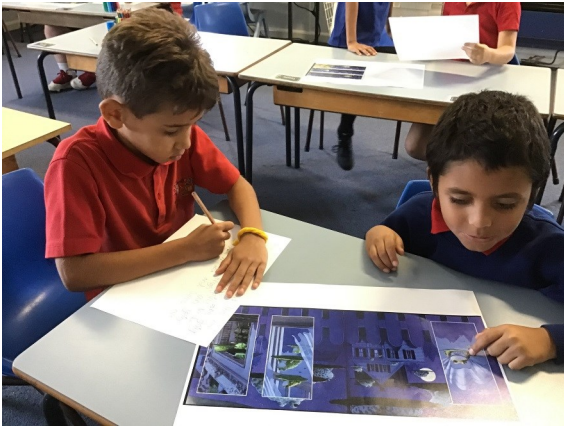
# SPOTLIGHT ON K/1/2/3



In art 2/3 have recorded thing we can see. This week they used pictures to capture words, instead of drawing them. The students were given a group of words to capture. Can you work out what the words may have been?

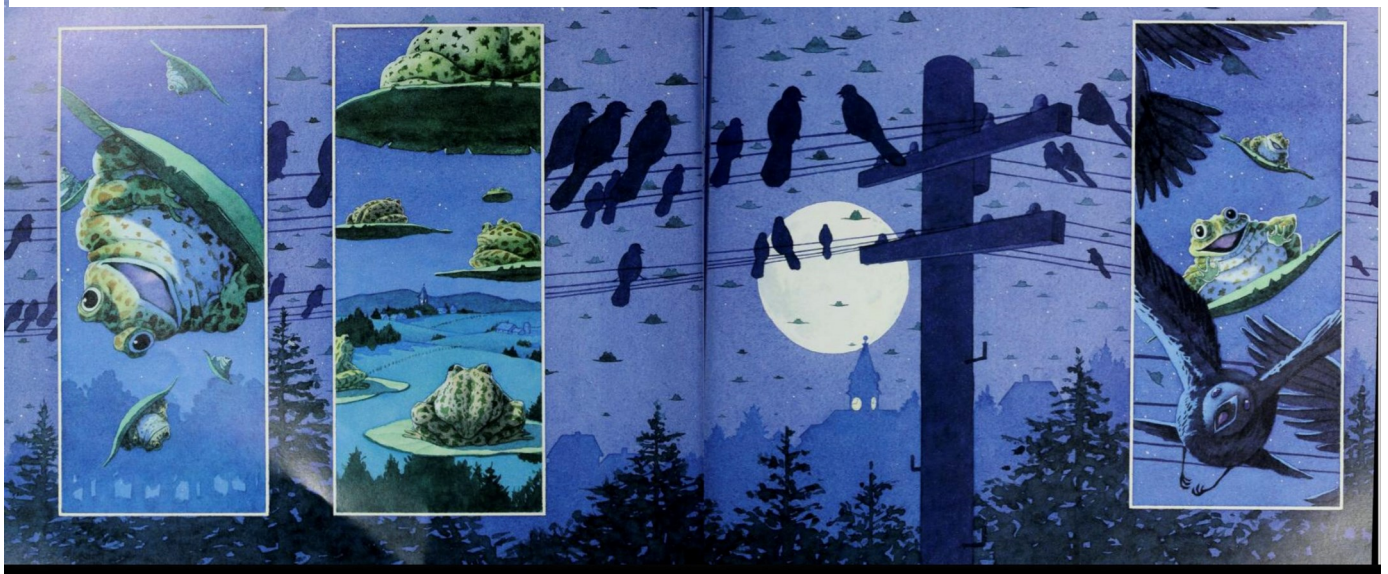


Burst of colour, friends and something old.



2/3 have been working on writing the story to match the illustrations for the book 'Tuesday' by David Wiesner. They have worked in teams to brain dump their ideas and then write sentences. They then edited their work.

This was my favourite page.



Hunderds upon hunderds of spotty green frogs, on their lilly pads, were flying out of the forest.....

Over the hills....

Into town. Where they started to chase the crows away.



*A Puppet Show and Audience in K/1*

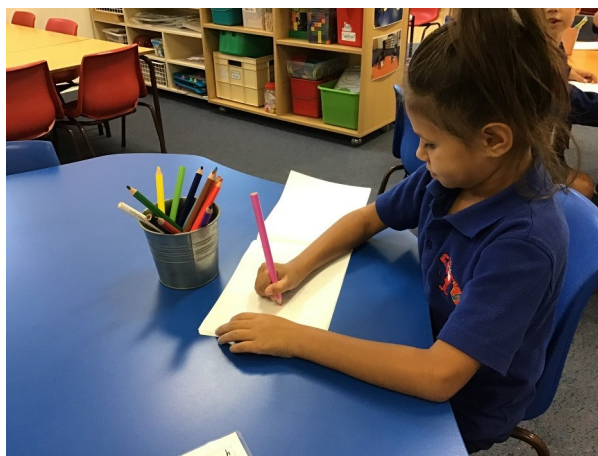


Making shapes with our bodies





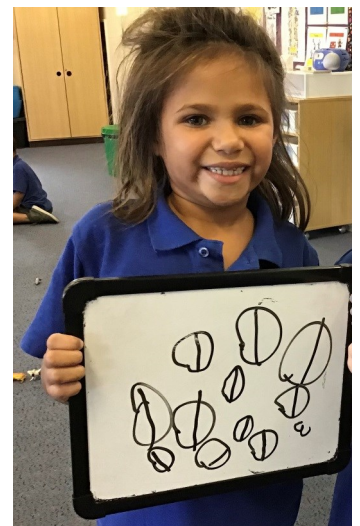
## The Cat in the Hat



Drawing



Learning about halves



# HOW MUCH SLEEP SHOULD CHILDREN GET?



**Preschool**  
(ages 3 to 5)

**10-13 hours**



**Elementary School**  
(ages 6 to 13)

**9-11 hours**



**High School**  
(ages 14 to 17)

**8-10 hours**



## EVERY DAY COUNTS...

*A day here or there doesn't seem like much, but...*

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...*



## Canteen News

Thank you to the families that are supporting the Canteen by ordering lunches every week. If you are interested in volunteering one day a month (depending on numbers), please phone and speak with Mrs Partridge. A Volunteers Working with Children Check is required, this is a free check. If you need help obtaining one please let us know we may be able to help. Attached to the newsletter are 2 lunch bags. If your child is ordering recess please write it separate to the lunch order on the bag for easy identification. Your cooperation in filling these bags out for your child/children before they attend the Canteen is appreciated. If you do not have the exact money for the order, any change can be added to the Canteen book beside your child's name to be used at a later date.

A reminder that a **NO BOOKING UP** policy is in place for all.

**PROJECT WORKSHOP**

# SMALL ON-FARM INCENTIVES AND ANIMAL WELFARE

**BUSHFIRE RECOVERY, PREPARATION AND ANIMAL WELFARE**

**TUESDAY 23RD MARCH 2021 9:00AM – 11:30AM**  
**TINGHA SPORT AND RECREATION CLUB, NEW VALLEY RD, TINGHA**

*Morning tea provided*

This project is jointly funded through **Northern Tablelands Local Land Services** and the **NSW Government**. The workshops will assist in providing skill and knowledge regarding combating priority weeds, increase knowledge of animal welfare and veterinary recovery measures, and the overall preparedness of landholders and communities in the event of bushfire.

**GUEST SPEAKERS** will include **Rural Fire Service**, **Local Land Services Sustainable Grazing Team** members, **Local Land Services Veterinarians** and local veterinarian.

### THIS WORKSHOP WILL HELP LANDHOLDERS:

- Learn techniques to assist their land in recovery from bush fires
- Be well prepared for bush fires
- Animal first aid techniques before you can get them to a vet (cattle, sheep, pets)

**RSVP: ESSENTIAL**

**Monday 22nd March 2021**

**Gwymac Landcare**

**P: 6721 1241**

**E: [staff@gwymaclandcare.net.au](mailto:staff@gwymaclandcare.net.au)**

